



Getting a Better Life

By Peter R. H. Williams

Austin Macauley Publishers. Paperback. Book Condition: new. BRAND NEW, Getting a Better Life, Peter R. H. Williams, Humans have creative minds and our best way forward is to direct our speech and imagination towards the positive. When we begin to be aware that our mind-energy is creative, and that we can control what we think and imagine, we then begin to realise that we can use our individual mind-power to express more good and love in our lives. Your mind is a creature of habit and likes established patterns. Your mental habits control or dictate your personality and life-style, so it is important that you have a positive and successful view of yourself and your life-style. In this almost step by step instruction manual the author gives practical advice on how to eliminate negative thoughts and attitudes and replace them with positivity and love. Linking his advice to biblical quotations he shows how the universality of the advice is ageless and still appropriate to our lives today.



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