



## Crystal Therapy: How to Heal and Empower Your Life with Crystal Energy

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By Doreen Virtue, Judith Lukomski, Marius Martin George

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Crystal Therapy: How to Heal and Empower Your Life with Crystal Energy, Doreen Virtue, Judith Lukomski, Marius Martin George, Crystal Therapy is a handy guide to the healing power of 94 crystals, complete with beautiful colour photographs of each crystal family. This book is suitable for beginners and experienced practitioners, and it focuses on crystals that are easily obtainable. You'll learn which crystals to use for particular health or life issues, receive clear explanations of crystal-related terms (such as phantom and record-keeper), find out how to choose a crystal that's been humanely mined, and read fascinating channelled messages from each crystal. The authors discuss how the crystals work with the angels and archangels; and outline steps for laying particular crystals in your home to build energy grids that help with abundance, romance, a good night's sleep, protection, and more.

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