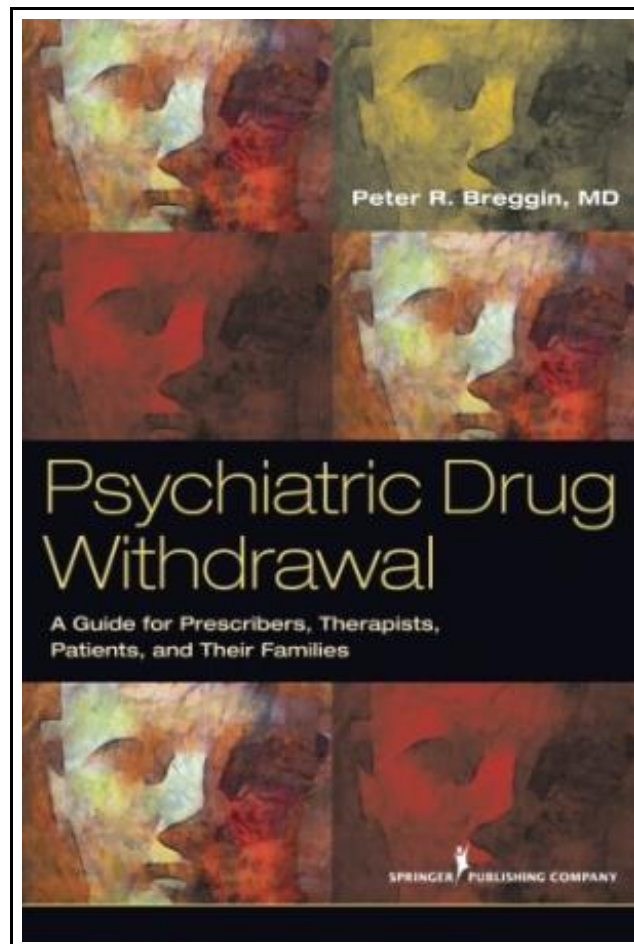


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Springer Publishing Company. Paperback. Book Condition: New. Paperback. 352 pages. Dimensions: 9.0in. x 6.1in. x 0.8in. As a physician who specializes in addiction medicine and drug withdrawal and written widely on them, I recommend Dr. Breggin's book to every health professional who deals with anyone taking psychiatric drugs. He gives highly useful information and reasons for stopping or avoiding them. It's an excellent one-stop source of information about psychiatric drug effects and withdrawal. Prescribers, therapists, patients, and families will benefit from this guidebook. Charles L. Whitfield, MD Bestselling author of *Healing the Child Within* and many other books Peter Breggin has more experience in safely withdrawing psychiatric patients from medication than any other psychiatrist. In this book he shares his lifetime of experience. All of our patients deserve the benefit of our obtaining that knowledge. Bertram Karon, PhD Professor of Psychology, Michigan State University Author, *The Psychotherapy of Schizophrenia* Former President of the Division of Psychoanalysis of the American Psychological Association This is such an important book. Describing the problem of withdrawal from psychiatric drugs in detail, and providing clear advice regarding how to deal with this problem as Peter has done so well in this book, is long overdue. For decades, the belief system that is mainstream psychiatry has denied the existence of withdrawal problems from the substances they prescribe so widely. In reality, withdrawal problems with psychiatric drugs is a common occurrence. Because of psychiatry's reckless denial of this real and common problem, millions of people worldwide have not had the support and care they desperately need when attempting to come off psychiatric drugs, often been erroneously advised that these problems are confirmation of the existence of their supposed original so-called psychiatric illness. Dr. Breggin's book is therefore both timely and necessary. Terry Lynch, MD Physician and Psychotherapist Author...

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