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# TOUGH TALK: TRUE STORIES OF EAST LONDON HARD MEN



Authentic Media. Paperback. Book Condition: new. BRAND NEW, Tough Talk: True Stories of East London Hard Men, Arthur White, Ian McDowall, Millie Murray, The autobiographies of Tough Talk founder members Arthur White and Ian McDowell. Revised edition of the original book Tough Talk, bringing their stories up to date. Arthur's story - World Champion Powerlifter, successful businessman, happy family man. But cocaine, steroids, and an affair changed everything. Arthur's life spiralled out of control. Ian's story - Body building was...

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- Authored by Arthur White, Ian McDowall, Millie Murray
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