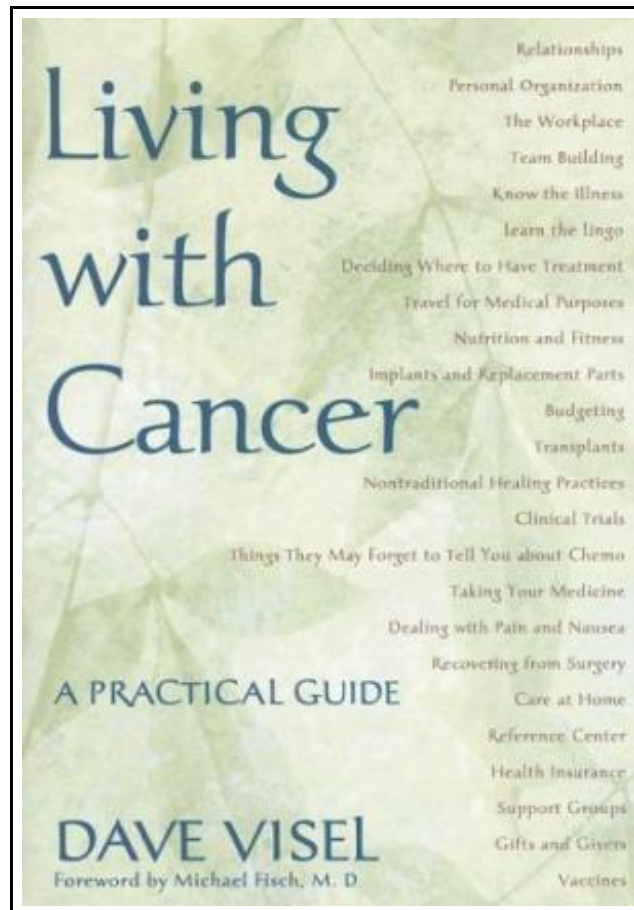


## Living with Cancer: A Practical Guide



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### ***Reviews***

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## LIVING WITH CANCER: A PRACTICAL GUIDE



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Rutgers University Press. Paperback. Book Condition: new. BRAND NEW, Living with Cancer: A Practical Guide, Dave Visel, Michael Fisch, You've got cancer. Now what? It is one among the myriad of daunting questions that the more than 1.3 million Americans who are diagnosed with invasive cancer each year find themselves asking. There is, of course, no simple answer. Cancer does not come with a set of instructions and most people have no real idea of what lies ahead. There are, however, certain things that all individuals affected by the disease can do to help navigate their way though this life-altering ordeal. As treatment options continue to improve, cancer has ceased to be the definitive death-sentence that it once was. While it remains an extremely serious and potentially fatal disease, today more and more people are surviving their diagnosis - at last count, 10 million in the United States alone. With these staggering numbers, it has become all the more critical that patients and their loved ones learn not how to prepare for death, but rather how to live with the reality of cancer. In this essential, candidly-written guide, Dave Visel draws on expertise hard-won during his wife's battle with lymphoma. He provides an overview of the varieties of cancer as well as patients' perspectives on all the basic types of treatments available, from surgery and radiation to chemotherapy and bone marrow transplant. Chapters dispel common myths and fears associated with these treatments as well as provide tips on nutrition and physical fitness. "Living with Cancer", however, is not a medical text. Recognizing that the disease not only changes us physically, but has tentacles that affect nearly every aspect of our lives, Visel moves beyond the hospital to provide information and strategies to help with the emotional, practical, and financial effects...



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