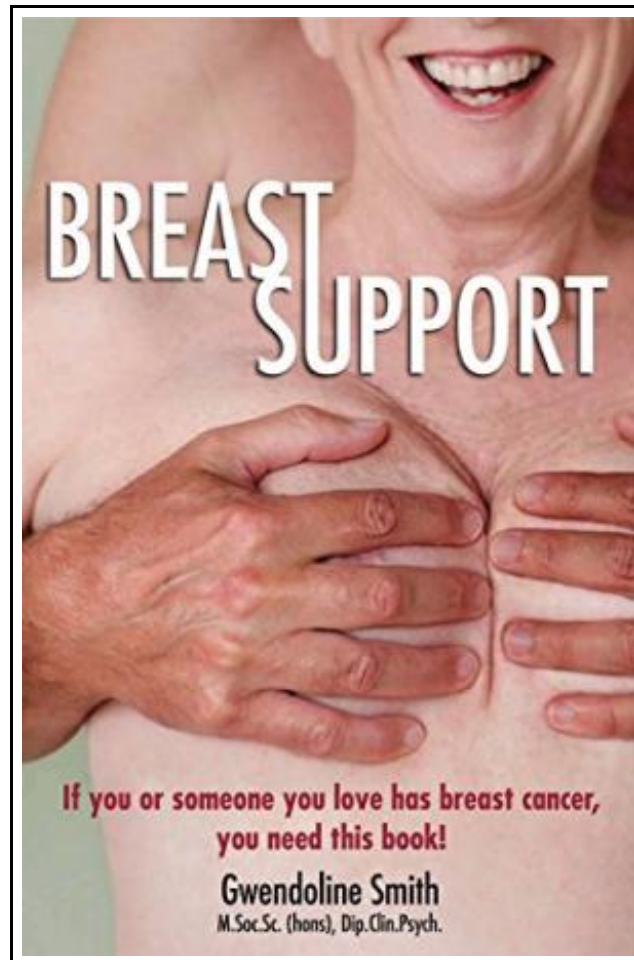


Breast Support: If You or Someone You Love Has Breast Cancer, You Need This Book!



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Reviews

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BREAST SUPPORT: IF YOU OR SOMEONE YOU LOVE HAS BREAST CANCER, YOU NEED THIS BOOK!



Exisle Publishing (Australia). Paperback. Book Condition: new. BRAND NEW, Breast Support: If You or Someone You Love Has Breast Cancer, You Need This Book!, Gwendoline Smith, When Gwendoline Smith chanced to have a breast examination at a mobile unit in 2009, little did she know where it might lead. Sure, she lived with the knowledge of her mother's breast cancer years before, but could it really happen to her too? The realisation dawned only when the medical evidence could not be questioned, and so began one of the most testing years of her life. In Breast Support, Gwendoline describes not just the physical and medical experience of breast cancer, through diagnosis, surgery, recovery and rehabilitation, but the emotional and psychological experience too. In a book memorable for its wit and self-deprecating humour, she answers some of the questions women frequently ask: what to wear to a breast examination; how to tell friends and family that you have the disease; how to be positive and maintain a cheerful outlook. She also offers insightful advice on esteem and self-confidence when facing the loss of an essential part of what it means to be feminine. Her book does not forget partners either: there are many messages in this book for husbands and boyfriends. There is also a separate chapter for women in lesbian relationships. Supporting Gwendoline's superbly written text are contributions from her surgeon and other medical specialists who tell the story from their point of view. The text is therefore a unique combination of personal story and insider information, offered with both a light touch and professional expertise.



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