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## A Deeper Perspective on Alzheimer's and Other Dementias: Practical Tools with Spiritual Insights

By Megan Carnarius

Findhorn Press Ltd. Paperback. Book Condition: new. BRAND NEW, A Deeper Perspective on Alzheimer's and Other Dementias: Practical Tools with Spiritual Insights, Megan Carnarius, Soul-searing, life-testing situations have what some call "fall-out blessings." The book is about understanding some of the deeper lessons we are exposed to through caring for individuals with Alzheimer's and other types of dementia. We all want a cure. But in the meantime, while this illness is still with us, how can we create a quality of life for each person in each stage of the disease? How can we look deeper into situations that, at first glance, look hopeless and destructive in order to find opportunities for insight, inspiration, and great understanding of ourselves and those we love? How can we allow the full measure of the experience to unfold and be felt with as much of ourselves as we can bring to bear? This book will help people caring for those going through the difficult dementia journey find a way, through the tumultuous waves, to remain awake and open to the blessing of a journey that opens the heart, nurtures compassion, and ultimately enables each of us to be better human beings. It is...



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