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Juicy Joy

By Lisa McCourt

Paperback. Book Condition: New. Not Signed; Are you living your richest, gutsiest, juiciest life? Do you feel all the exquisite bliss and sweetness you can imagine? If not - if you're not experiencing the abundance and personal freedom you crave; if you're not vitally and deeply connected with your loved ones; if you're unable to attract and maintain a soul-nurturing, awe-inspiring, passionate primary relationship - it can only mean one thing. You are not expressing the full truth of who you are. Well, it's time to change that! Juicy Joy is a streamlined path to radical authenticity and the ability to flat-out adore that precious, imperfectly perfect you. Living juicy-joyfully is not a matter of adding anything to yourself. It's simply a matter of shedding the limitations that separate you from your true core being - the limitations that trap you in the numbness and detachment that have become distressingly 'normal' in our culture. Wouldn't it feel amazing to trust your instincts and fearlessly act on them? Isn't it time to gain mastery over your experience of life, shed victimhood, and learn to honour the voice within you that always, unfailingly leads you to your greatest joy and highest truth?...



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